

# Download 2010 Canadian Lifesaving Manual

A lifeguard is a rescuer who supervises the safety and rescue of swimmers, surfers, and other water sports participants such as in a swimming pool, water park, spa, beach or river. Lifeguards are strong swimmers and trained in CPR/AED first aid, certified in water rescue using a variety of aids and equipment depending on requirements of their particular venue. Dear Twitpic Community - thank you for all the wonderful photos you have taken over the years. We have now placed Twitpic in an archived state. Ocean Ranger was a semi-submersible mobile offshore drilling unit that sank in Canadian waters on 15 February 1982. It was drilling an exploration well on the Grand Banks of Newfoundland, 267 kilometres (166 mi) east of St. John's, Newfoundland, for Mobil Oil of Canada, Ltd. (MOCAN) with 84 crew members on board when it sank. There were no survivors. Faiza, Zubaida and Ibtisam live thousands of kilometres apart. Uprooted by violence in Yemen, Myanmar and Syria, the three women share a similar story of displacement. They have each lost their homes and their livelihoods, but they also carry with them the hope that the future will be brighter and safer for their children.