

Download The Authentic Mother Creative Art Engagement To Support The New Parent

The Authentic Mother: Creative Art Engagement to Support the New Parent [MA, ATR, LPC, Kate King] on Amazon.com. *FREE* shipping on qualifying offers. Beginning at day-one, the adventure of parenthood is unlike any other. The Authentic Mother is a companion book for new parents and their loved ones that validates the complex experience of parenthood. The Authentic Mother is a companion book for new parents and their loved ones that validates the complex experience of parenthood, shares new research about the ways parenthood re-wires the brain, and offers creative exercises to process and explore the multitude of feelings a new parent may experience. Engagement with visual arts and museum/gallery-based community research with young people, and working-age adults, older adults and those with dementia have all demonstrated benefits (Alcock ...Wark (2003) outlines the following instructions for the parent session: 1. Inform parents that play and art activities are a part of your family therapy approach. Give examples of the techniques that are usually incorporated into sessions, such as games, drawings, and puppets.